Suspected or Confirmed COVID-19 Flow Chart

I Have <u>Symptoms</u> of COVID-19

(see symptom list below)

Stay Home Until:

- You get results from a COVID-19 test
  If positive, follow the ñlôm COVID-19 Positive with symptomsò column.
  -**If negative,** stay home until fever free for 24 hours and symptoms have improved.

-OR-

- 10 days after symptoms started

-OR-

- cleared by a physician

This applies to everyone regardless of vaccination status

I'm COVID-19 <u>Positive</u> with Symptoms

Stay Home Until:

- At least <u>5 days</u> have passed since your symptoms started **AND**
- You have a negative **rapid antigen** COVID test collected <u>on day 5</u> or later **AND**
- You have not had a fever for at least 24 hours **AND**
- Your symptoms are improving

-OR-

- Stay home for <u>10 days</u> after your symptoms started **AND**
- You have not had a fever for at least 24 hours **AND**
- Your symptoms are improving

Your first day of symptoms is <u>Day 0</u>. Day 1 is the first full day after your symptoms started. A PCR test is not recommended for repeat testing following a COVID infection.

I'm COVID-19 <u>Positive</u> with <u>NO</u> Symptoms

Stay Home Until:

- At least <u>5 days have passed</u> since the day your initial positive test was taken **AND**
- You have a negative **rapid antigen** COVID test collected <u>on day 5 or later</u>

-OR-

- Stay home for <u>10 days</u> after your initial positive test was taken

Day 0 is the day your positive test was taken. A PCR test is not recommended for repeat testing.

<u>Wear a Mask for 10 days</u>

You must wear a well-fitting mask over your nose and mouth when you are around others, **indoors and outdoors**, for a total of 10 days. This includes around household members.

- Adults should wear a well-fitting medical grade mask (surgical or respirator).
- Children should wear a well-fitting, non-cloth mask of multiple layers of non-woven material with a nose wire.

See ph.lacounty.gov/masks for more information

<u>COVID-19 Symptoms:</u>

- Fever or Chills
- New Cough -not from asthma/ allergies
- Difficulty Breathing
- Fatigue
- Runny or Stuffy Nose
- Diarrhea
- Vomiting
- Body aches
- Headache -especially with a fever
- Sore throat
- New loss of taste or smell

If you are a close contact of a COVID-19 positive person, you are NOT required to quarantine if you have no symptoms AND you are up to date on your COVID-19 vaccines (either fully vaccinated and boosted, or you are fully vaccinated but not yet eligible for a booster). You do not have to stay home but should still get tested and follow masking protocols. Having recovered from COVID within the last 90 days no longer excludes you from quarantine.

* **LA County COVID testing locations:** https://covid19.lacounty.gov/testing/
* **Isolation Instructions:** http://publichealth.lacounty.gov/acd/ncorona2019/covidisolation/

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